

thespa

Your rejuvenation starts here....

Set in a glorious 50-acre estate, Wyck Hill House is the very essence of Cotswold life. You'll be invigorated and pampered in The Spa, which has six spa treatment rooms, including a dual treatment room, sauna, steam-room and relaxation area. We use a variety of luxury products specific for each individual treatment, those included are ELEMIS, VOYA, St Tropez and Jessica.

Spa Etiquette

The Spa at Wyck Hill House is designed to promote peace and inner harmony for body and mind. Please keep noise to a minimum and ensure all mobile phones and electronic devices are switched off during your visit.

Sauna and Steam Room

These areas are unisex. We politely request that you wear suitable swimwear at all times in the sauna and steam room.

Treatment time

Please check in at The Spa reception at least 15 minutes prior to your scheduled appointment to allow time to change and relax and to avoid any reduced treatment times. If wearing swimwear to your treatment please ensure all garments are dry.

Valuables

Some treatments require the removal of jewellery, so it is advisable to leave valuables at home or in your locker. Please ensure that you retrieve all of your valuables before leaving The Spa. The management accepts no responsibility for the loss of money or valuables of any kind brought onto The Spa premises.

Children

Children under the age of 16 years are not permitted to use The Spa. Please respect other users and adhere to the etiquette of The Spa.

Consultation and Health

Please make your spa therapist aware of any medical conditions. All personal information will be kept secure and confidential. If you have high blood pressure, heart conditions, are pregnant or have other medical conditions or complications, please seek advice from a member of staff. We may advise you to consult your doctor before signing up for any spa services.

Refreshments

Please ensure that you stay hydrated during your visit to the spa.



facialpampering

ELEMIS Taster ©@ (30 minutes)

£40.00

This introductory facial provides a quick and instant 'pick me up' for any occasion.

ELEMIS Sensitive Skin Soother ©@ (60 minutes) £65.00 Pure soothing heaven for sensitive skin.

ELEMIS Anti-Blemish Mattify & Calm ② (60 minutes) £65.00 A purifying treatment for congested skin.

ELEMIS Anti-Ageing A facial is recommended every 4 weeks.

ELEMIS Super Food Pro Radiance © (60 minutes) £75.00 Independently tested, this facial instantly firms, rejuvenates and plumps up ageing, stressed skin after just one treatment.

ELEMIS Dynamic Resurfacing **Q** (60 minutes) £75.00

A revolutionary facial using three targeted enzyme serums to remove the thickening layer of the epidermis. Clinically proven to resurface the skin by up to 75% after just one treatment, stimulating skin renewal. In addition, the appearance of acne scarring, pigmentation and fine lines are visibly reduced.

Please note, a patch test is needed 24 hours before your Dynamic Resurfacing.

ELEMIS Pro-Definition Lift & Contour ©@ (60 minutes) £80.00Restoring the architecture of the face creating a profoundly sculpted youthful effect

ELEMIS Pro-Collagen Age Defy @ @ (60 minutes) £80.00 This anti-wrinkle facial is clinically proven to reduce the number of wrinkles and improve the skin firmness after just one treatment.

VOYA Deluxe Facial Experience (90 minutes) £90.00 A truly indulgent revolutionary seaweed facial which includes a back exfoliation & massage as well as an organic facial & scalp massage.



bodytreats

ELEMIS Intensely Cleansing Salt Scrub - Lime & Ginger or Frangipani • (45 minutes) £50.00

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells and leaves a smooth and responsive canvas ready to absorb the deeply nourishing body oil.

ELEMIS Body Nectar Nourishing Wrap - Frangipani (50 minutes) £60.00

The velvety texture of Monoi oil offers super hydration quenching a thirsty skin. You are kept cocooned and warm whilst enjoying a scalp massage as the balancing aromatics and skin conditioning oils do their work.

ELEMIS Couture Touch @ (60 minutes)

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Experience the ultimate ELEMIS Duo, a sensational hot stone, back of body massage with a prescribed express anti-ageing facial.

ELEMIS Couture Touch @ (120 minutes)

a natural anti-ageing boost.

£125.00

Your choice of ELEMIS 1 hour facial combined with the powerful effects of the ELEMIS freestyle deep tissue massage.

Choose from: Cellutox (detox) - powerful juniper and lemon decongest liver, colon and kidneys.

Or Musclease - warming for fatigued muscles, arthritis or just winter chills.

VOYA Organic Peppermint & Seaweed Sugar Glow (60 minutes) £60.00

An exfoliating treatment awakening the skin and body. A fragrant mix of organic peppermint leaf, seaweed & sugar, which gently removes dead skin cells & introduces you to the uplifting effects of our peppermint essential oil.

VOYA Organic Warm Spiced Mud Wrap (60 minutes) £80.00 A seaweed wrap which offers immediate & noticable effects to the skin, including firming, toning, detoxifying, metabolism stimulator &

spatreats

SPA DAYS

Lazy Spa Day

£85.00 per person

Come and enjoy lunch with a glass of wine, with two 30 Minute Spa treatments, either a Swedish Back, Neck & Shoulder Massage, or an ELEMIS Taster Facial, or a Jessica File & Polish. Treatments can be taken before or after lunch.

High Tea and Treatments (3-5pm) £55.00 per person

Take a full Afternoon Tea, and indulge in a 30 Minute Spa treatment, either a Swedish back, neck and shoulder massage or ELEMIS Intensely Cleansing Salt Scrub treatment, or a Jessica File & Polish, or an Indian Head Massage.

Deluxe Spa Day

£205.00 per person

Have a day "off" and enjoy an ELEMIS Intensely Cleansing Salt Scrub treatment, Swedish Full Body Massage, ELEMIS Facial, followed by lunch with a glass of wine. Finish the day with a Jessica Manicure and Pedicure.

SPA BREAKS

Revitalise Spa Break

from £122.50 per person*

Enjoy Dinner, Bed & Breakfast with a 30 Minute Spa treatment. Choose from either: Swedish Back, Neck & Shoulder Massage or an ELEMIS or VOYA Taster Facial or a Jessica File & Polish.

Escape Spa Break

from £167.50 per person*

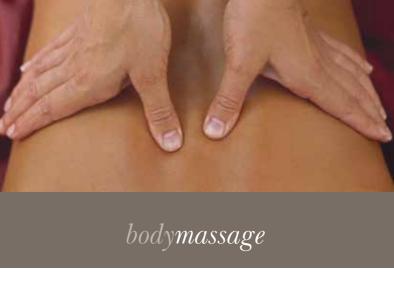
Escape and enjoy Dinner, Bed & Breakfast with Champagne and chocolates in your room on arrival. Then choose two 30 Minute Spa treatments, either Swedish Back, Neck & Shoulder Massage or an ELEMIS Taster Facial, or a Jessica File & Polish.

Lazy Spa Stay with Lunch fr

from £112.50 per person*

Have a 'lazy' Sunday with us and enjoy lunch on arrival followed by a 30 minute spa treatment. Choose from either; Swedish Back, Neck and Shoulder Massage, an Elemis Taster Facial or a Jessica File & Polish, and stay over night with breakfast the following morning.

*Price based on two people sharing a twin or double bedroom Single occupancy supplement £40 per room. All Spa Days include use of the sauna and steam room.



Chest, shoulder, face and scalp massage.	
Swedish Back, Neck & Shoulder Massage @ (30 minutes)	£45.00
Swedish Full Body Massage ② (60 minutes)	£70.00
Hot Stone Back, Neck & Shoulder Massage @ (30 minutes) Hot stone massages ease muscle tension and aid relaxa	£50.00 tion.
Hot Stone Full Body Massage (a) (60 minutes) £80.00 Hot Volcanic basalt stones are used to massage away everyday aches and pains. A totally luxurious experience.	
ELEMIS Freestyle Deep Tissue Massage ② Specially blended aromatherapy oils are combined with deep firm pressure to relieve tension and relax aching muscles.	

£40.00

Stress Buster Massage (30 minutes)

Back Massage (30 minute) £50.00 Full Body Massage (60 minute) £80.00 Full Body Massage, Including Face & Scalp (90 minute) £100.00

Indian Head Massage (30 minutes) £40.00

A relaxing pressure point massage working on your shoulders, neck and scalp. Relieves tension, headaches and stress.

ELEMIS Peaceful Pregnancy Massage (75 minutes) £80.00 Performed on a bean bag to ensure comfort, this specialised full body massage relieves tension in the upper back and helps with swelling in the hands and feet. Also includes a light facial to cleanse and moisturise and a gentle scalp massage.

VOYA Herbal Bag Massage (90 minutes)

Warm muslin bags containing herbs and seaweed are deeply massaged into the body. This full body treatment reconditions & rejuvenates the skin and heat radiates the body, relaxing & soothing aches & pains & increasing the body's metabolism.



forhim

ELEMIS Taster Facial (30 minutes)

£40.00

This introductory facial provides a quick and instant 'pick me up' for any occasion.

ELEMIS High Performance Skin Energiser (60 minutes)

£65.00

The hard working facial for ageing dehydrated skin and tired eyes, it maximises cell regeneration as steam and extraction decongests. Multi dynamic facial massage sequences boosts circulation whilst scalp and foot massage deeply relax.

ELEMIS Couture Touch (120 minutes)

£125.00

High performance skin energiser facial combined with the Elemis free style deep tissue massage.

Hand & Nail Grooming (30 minutes)

£30.00

Hand treatment to smooth hands, shape nails and condition cuticles, includes exfoliation and hand massage.

Executive Foot Care (45 minutes)

£35.00

Foot treatment to smooth feet, shape nails and condition cuticles, includes exfoliation and foot massage.

De-Stress massage (45 minutes)

£60.00

This back of body massage is designed to target the back of legs, back, shoulders, neck and scalp to relieve stress and muscle tension.

aesthetics&finishingtouches

Waxing	
Full Leg	£30.00
Half Leg	£20.00
Bikini	£15.00
Underarm	£12.00
Eyebrow	£12.00
Facial	£8.00
Full Leg & Bikini	£40.00
Back or Chest	£30.00
Finishing Touches	
Eyelash Tint*	£18.00
Eyebrow Tint*	£12.00
Eyelash & Brow Tint*	£25.00
*A patch test is required 24 hours before tinting	
Spray Tanning	
St Tropez Full Body	£30.00
St Tropez Half Body	£20.00
Jessica Nail Care	
File & Polish (30 minutes)	£25.00
Jessica Manicure ○ (45 minutes)	£35.00
Includes cuticle work, a massage, file and polish.	
Jessica Pedicure ○ (60 minutes)	£40.00
Includes exfoliation cuticle work, a massage, file and polisi	
Deluxe Jessica Manicure (60 minutes)	£45.00
Includes cuticle work, luxurious exfoliation massage and	
heated mitts, followed by a file and polish.	
Deluxe Jessica Pedicure (75 minutes) Includes same as above with heated booties.	£50.00

Geleration

The beauty of Jessica in the strength of a gel. Soak off gel polish is kind to the natural nail, chip resistant, dries instantly, leaving a flawless finish that lasts up to 2 weeks.

Gel Manicure • (60 minutes)	£40.00
Gel Removal • (30 minutes)	£20.00

Gift Vouchers

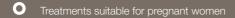
Available for specific treatments or a monetary value of your choice. These can be purchased at reception or by credit/ debit card over the phone.

Booking and Cancellation Policy

When making your appointment a credit card number will be required at the time of booking or full prepayment required if the booking is made within 24 hours notice. A 48 hour notice period is required to cancel or re-schedule a spa day, or 24 hours notice to cancel or amend any spa bookings. Any changes or cancellations made after these times will incur 100% charge of the original booking. We will of course make every effort to re-sell cancelled space and will advise you if successful.

Residential Packages

Please note all residential packages are based on a three course Table d'Hote dinner in our Restaurant, with overnight accommodation in a Garden Double/Twin Bedroom.



Treatments available for two in our dual treatment room

Opening Hours

monday	9.00am - 6.00pm
tuesday	9.00am - 6.00pm
wednesday	9.00am - 6.00pm
thursday	9.00am - 6.00pm
friday	9.00am - 7.00pm
saturday	9.00am - 7.00pm
sunday	9.00am - 6.00pm

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